Upcoming Meetings and Events

• Regroup Meeting: Tuesday, 7/29, 2:30-3:30, CRAB

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Early Mobilization
Great stuff!

For changes to the POSH email list or to contribute to the Op-Note, contact Dr. Powell

The Op-Note is the newsletter of the Peri-Operative Surgical Home, a multi-disciplinary project at Phoenix Indian Medical Center. Check POSH out on the web at http://azhin.org/pimc/posh.

Education

Thanks to many team members, we are excited to announce the POSH August Educational Event: Essentials of Bowel Surgery and Colorectal Recovery Program! The lecture will be offered six times throughout the month. The lecture will review key points of colorectal operations at PIMC, management of specific complications, and an introduction to the PIMC Colorectal Recovery Program (CRP). The CRP is an evidence based enhanced recovery program designed to improve the experience and outcomes of patients undergoing colorectal surgery. We hope all departments will join us! Continuing education credit is available for nurses.

The lectures will be held in Conference Rooms A&B as follows:
MORNING, 7:30-8:30 AM
Tuesday, August 5
Monday, August 11
Thursday, August 21
Tuesday, August 26
EVENING, 7:30-8:30 PM
Monday, August 18
Monday, August 25

Thank you to all of the department supervisors and nursing education staff who are working so hard to facilitate staff attendance at these lectures! The August 21st lecture will be recorded for those who can’t attend. The slide set is available on the Education page of the website.

Don’t miss the POSH Regroup Meeting!

All POSH team members are invited to the POSH “Regroup” Meeting on Tuesday, July 29 from 2:30-3:30 pm in Conference Room A and B. We will catch up with each other after July leave, meet new members, and discuss our ongoing projects. This is a great time to ask questions, give feedback for improvement, hear about individual contributions to POSH, and get excited about the next few months of POSH! Please join us.
Website

The [website](#) is continually updated and we welcome member contributions. Just this week, two POSH team members, in different departments, pointed out new papers from their respective journals on aspects of colorectal surgery. If you find an article that you would like to share with the team, and/or your department would like a page in the [reference library](#), please email Dr. Powell. This is a great way for us to keep each other informed of current literature.

Early Mobilization

POSH team members have been doing a significant amount of behind the scenes work on the early mobilization project. Nursing, physical therapy, and surgery have met several times to work on the protocol. We have made progress, and are now working with Informatics. We are also working with Engineering on designing walking circuits. And one of our fantastic pharmacy technicians is designing the logo. We’re going to keep it under wraps until the program is closer to initiation, but we promise you’re going to love it!

And have you seen 3East lately?

The 3East nurses have made several educational boards for the halls – the floor looks great! If you haven’t seen the boards, please check them out – and congratulate the nurses on a job well done.