The Op-Note is the newsletter of POSH (Peri-Operative Surgical Home), a multi-disciplinary project at Phoenix Indian Medical Center. Check POSH out on the web at [http://azhin.org/pimc/posh](http://azhin.org/pimc/posh).

**Complete Your Survey & Mark Your Calendars for POSH’s 1 Year Birthday Party!**

Can you believe it? POSH has been in existence for 1 year now! The team has done great things so far! In order to celebrate, **we’re having a party** and we want everyone to come! Cake and refreshments will be served. Come relax, enjoy some time with your teammates and hear about POSH’s past, present, and future. Tuesday, June 10, from 2:30-3:30 pm in CRAB.

**And please fill out your survey!** Let’s work together to push POSH forward. Xavier Yazzie distributed surveys by email to the POSH team this week. They are also available on the website [here](http://azhin.org/pimc/posh), in Specialty Clinic, and in the Tuesday A&P meeting. Please return surveys to Xavier via email ([Xavier.yazzie@ihs.gov](mailto:Xavier.yazzie@ihs.gov)) or mail.

**Education**

Our first month of the lecture series for the POSH Essentials of Surgery went very well! **31 nurses attended “Essentials of Post-Operative Care”** (and were able to earn CE credit! In June, we will be holding lectures on “Essentials of Colonoscopy.” The dates are:

- **Tuesday, June 10**, 7:30-8:30 am, CRAB
- **Monday, June 16**, 7:30-8:30 am, CRAB
- **Thursday, June 19**, 7:30-8:30 am, CRAB

**All departments are welcome! More information is available [here](http://azhin.org/pimc/posh).**

We have updated the [Education](http://azhin.org/pimc/posh) tab of the website to list all of our education events. This is a great place for staff to find information about POSH offerings, so please check it out.

**Early Mobilization**

We’re working on the chairs and the program to get all of our patients moving! The chairs are making their way through the acquisitions system – we have been assigned a requisition number.

The workgroup continues to make good progress – Nursing/Surgery/Physical Therapy met again Friday, May 30 and began work on mobility assessment and protocols. Be ready for creative solutions around the hospital!